



Knife And Fork Lift



Description: Take the gym with you when you eat! Handsome, stainless steel, custom made combo knife and fork set, each protruding from a two-pound barbell to remind a person that eating puts weight on. One can actually exercise while dining as cutting and lifting food to your mouth is like doing curls with barbells. A great gift for your dieting friends.

[Visit the Website](http://www.knifeandforklift.com) – www.knifeandforklift.com

Price: \$19.95